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Report on Visit to Dahod (Gujrat)

About Dahod:

Dahod district in Gujarat ranked 1 as the "most aspirational" district in NITI Aayog's first Delta Ranking, which evaluated 108 aspirational districts for incremental progress across health, education, and development parameters.

About the visit.

Dr. Rashmi Maurya undertook a series of visits to educational institutions, Gram Panchayat, Anganwadi centres, and Primary Health Centres (PHCs). The visits focused on promoting awareness about "Viksit Bharat", understanding grassroots-level issues, interacting with students and community members, and identifying possible solutions through collaborative efforts.

The major activities undertaken are as follows:

1**. Visit to ITI College – Guest Lecture on "Role of Women in Viksit Bharat**

The session highlighted the important contribution of women towards the economic, social and sustainable development of India. The lecture focused on:* Women's participation in education, skill development and employment.

* The importance of entrepreneurship and financial independence among women.

* Opportunities available to women in technical and vocational fields.

* The role of women in nation-building and achieving the vision of Viksit Bharat.

* The importance of gender equality and equal opportunities.

* Encouraging young women to develop skills, confidence and leadership qualities.

The interaction with the students was productive and encouraged them to understand the importance of women's participation in India's development journey.

2. Visit to Eklavya Model Residential School – Lecture on "Role of Youth in Viksit Bharat"

The session emphasized that young people are an important force in India's development. The following areas were discussed:

* Role of youth in nation-building.

* Education, skill development and employability.

* Innovation, entrepreneurship and creativity.

* Digital literacy and responsible use of technology.

* Environmental awareness and sustainable development.

* Leadership, discipline and social responsibility.

* Participation of youth in community development.

Students were encouraged to identify their strengths, develop appropriate skills and actively contribute to their communities.

3. Meeting with Gram Panchayat Members

A meeting was conducted with the *Gram Panchayat members* to understand various issues concerning the local community and to discuss the progress and possible solutions.

The discussion covered:

* Current development initiatives in the village.

* Issues faced by local residents.

* Education and skill-development requirements.

* Health and sanitation-related concerns.

* Women's and youth-related issues.

* Infrastructure and basic facilities.

* Possible measures for improving community participation.

* Future plans and areas requiring greater attention.

The meeting provided an opportunity to understand the situation at the grassroots level and to discuss practical and sustainable solutions.

4. Visit to Anganwadi – Poshan/Poshak Divas Celebration Week

Visit to the *Anganwadi centre* during the celebration week of *Poshan/Poshak Divas*. The visit included interaction with Anganwadi teachers/workers, parents and other stakeholders.

The discussions focused on:

* Nutrition and healthy dietary practices among children.

* Awareness regarding child growth and development.

* The role of parents in ensuring children's health and education.

* Issues faced by Anganwadi workers and teachers.

* Progress of ongoing activities.

* Plans for future activities and community participation.

* Importance of regular monitoring of children's nutritional and developmental needs.

The interaction with parents provided an opportunity to understand their concerns and experiences. The Anganwadi staff also shared their experiences, challenges and plans for conducting activities for children and the community.

The visit strengthened interaction with Anganwadi workers and parents and promoted awareness about nutrition, child development, parental involvement and community participation.

-5. Meeting with Doctors – Discussion on Primary Health Centres (PHCs)

A meeting was held with doctors associated with the *Primary Health Centres (PHCs)* to understand the functioning of primary healthcare services and the challenges faced by healthcare professionals.

The discussion covered:

* Working and functioning of PHCs.

* Healthcare services provided to the local population.

* Challenges faced by doctors and healthcare staff.

* Availability of healthcare resources and facilities.

* Experiences of doctors while serving the community.

* Health awareness among rural communities.

* Issues related to accessibility and delivery of healthcare services.

* Possible measures for improving primary healthcare.

The doctors shared their experiences and provided valuable insights into the practical challenges involved in delivering healthcare services at the grassroots level.

Submitted by:

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